

# One Step Up To Sport & English

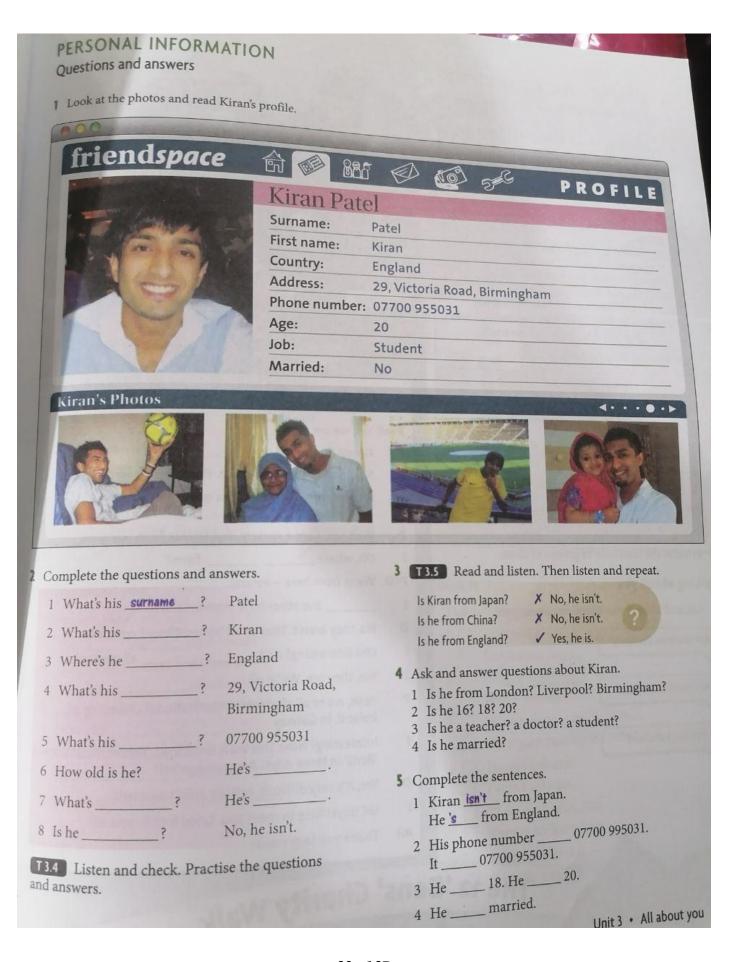
**English Course for First Year Students Of The Physical Education College** 

Prof. Yaroub Khyoon Ph.D. Physical Education

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**English Language** 

2022



#### PRACTICE Is he a businessman? 1 Look at the pictures of Tarek and Grace. Where are they? 2 T3.8 Listen to the conversations. Complete the chart. First name Tarek Grace Surname Elkushli Chou Country Libya Tarek City/Town Phone number 212 638-9475 42 Age Job Shop assistant Married? T3.8 Listen again and check. 3 Ask and answer the questions with a partner. Is Tarek from Tripoli? · Is Grace from Dubai? · Is she a nurse? Yes, he is. Is he a businessman? • Is she 33? . Is she married? Is he 42? · Is he married? 4 Talk about Tarek and Grace. Grace is from ... Tarek is from Tripoli. His surname is ... Check it Talking about you 7 Tick (✓) the correct sentence. 5 Complete the questions. 1 She's name's Nora. first name? Her name's Nora. 1 What's your surname? 2 Her job is teacher. you from? She's a teacher. \_ phone number? 3 He's phone number is 796542. ☐ His phone number is 796542. 5 How old \_\_\_\_ \_job? 4 I'm not a doctor. \_\_\_ married? ☐ I amn't a doctor. In groups, ask and answer the questions. 5 They aren't from Italy. ☐ They're no from Italy. 6 She is no married. Writing ☐ She isn't married. 6 Write about another student. Read it aloud. Her name's ... She's from Jordan... Her phone number is ... Unit 3 • All about you

# Questions and negatives is/isn't 3 Complete the identity card. ADDRESS SURNAME PHONE NUMBER FIRST NAME

MOBILE NUMBER

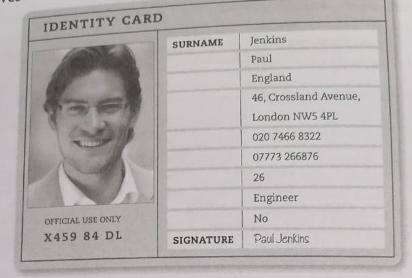
AGE

MARRIED

SIGNATURE

COUNTRY

9



4 T3.1 Write the questions about Paul in exerci	se 3.
1 What's his surname?  Jenkins.	
Paul.	
England.	
46, Crossland Avenue, London NW5 4PL.	?
020 7466 8322.	?
07773 266876.	
26.	
He's an engineer.	?
No, he isn't	?

1	T3.2 Correct the information about Paul.  His surname is Ford.
	His surname isn't Ford. It's Jenkins.
2	He's from Australia.
3	He's 23.
4	He's a student.
5	He's married.
all	. He's single.  3.3 Answer the questions about Paul. Use shor swers.
1	Answer the questions about Paul. Use short Swers.  Is his surname Jenkins?  Yes, it is.  Is he from Canada?  No, he isn't.
1	Answer the questions about Paul. Use short Swers.  Is his surname Jenkins?  Yes, it is.  Is he from Canada?
1 2 3 1	Answer the questions about Paul. Use short Swers.  Is his surname Jenkins?  Yes, it is.  Is he from Canada?  No, he isn't.
1 2 3 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Answer the questions about Paul. Use short Swers.  Is his surname Jenkins?  Yes, it is.  Is he from Canada?  No, he isn't.  Is he from London?

Name:

Class:

Date:

Read the text about Mohammed Salah and fill in his Football Club ID Card.

Mohamed Salah is an Egyptian. He was born in Nagrig, Egypt, on June 15, 1992. His height is 1.75 m (5 ft). He is a professional footballer. He plays as a forward in Liverpool team and holding number 11. He is married with one daughter called Maka.



# LIVERPOOL CLUB

NAME:

DATE OF BIRTH (DOB):

PLACE OF BIRTH (POB):

AGE:

NATIONALITY:

POSITION:

NUMBER:

HEIGHT:

MARITAL STATUS:: single□ married

single□ married□ divorced□ widow(er)□

NUMBER OF CHILDREN:

Stay Home ... Stay Safe!

Asst. Prof. Mayada Zuhair Al-Khafaji , 2021





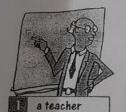
# All about you

Jobs • am/are/is • Negatives and questions • Personal information • Social express

#### STARTER

1 Match the jobs and the pictures.

a doctor a nurse a student a teacher a shop assistant a bus driver a businessman a police officer a builder



















Listen and repeat.

2 Read the questions and answers. Listen and repeat.

What's his job? He's a teacher.



What's her job?

Look at the pictures. Ask and answer questions with a partner.

3 What's your job? Ask and answer.

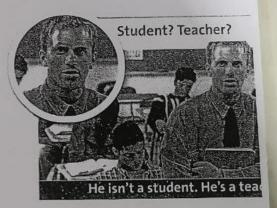
What's your job?

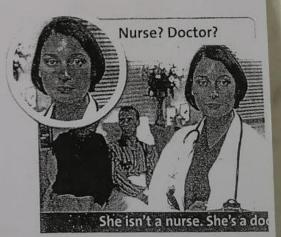


I'm a businessman.

#### HE ISN'T A STUDENT Negatives - he isn't

1 Look and read.





Listen and repeat.

2 Look at pictures 1-9 again. Make more negative and positive sentenc

He/She's a ... He/She isn't a . . .

GRAMMAR SPOT

He's a teacher.

's = is

She isn't a nurse.

isn't = is not

18 Unit 3 • All about you

# **Unit One**

#### 1.1. Sports

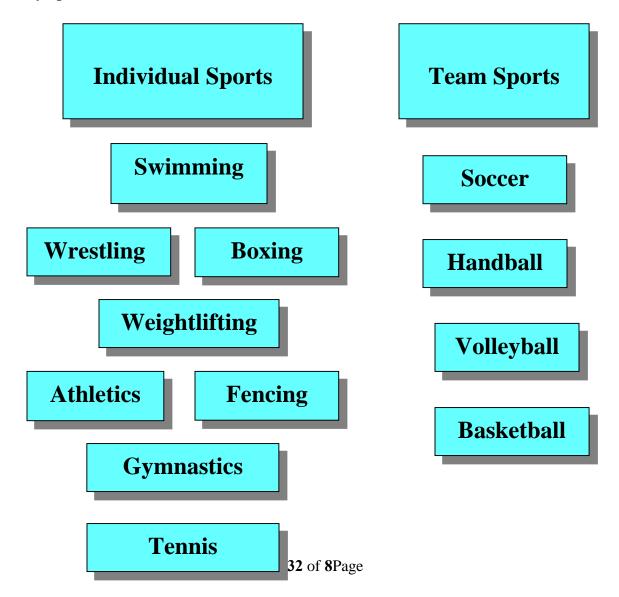
**Sports** are recreational or competitive activities that involve a degree of physical strength or skill.

The person who practices sports is called *athlete* or *sportsman*. *An Athlete* practices sports as profession while sportsman practices sports as a hobby. Every athlete is rated according to his level of skill:

- 1. In the first level the athlete is called *Novice*.
- 2. In the second level he is called *Amateur*
- 3. In the third level he is called *Professional*.
- 4. The highest level is the fourth level and he is called *Elite*.

Usually an athlete wears *sportswear* and practices his sport in a place specially made for that sport either *indoors* or *outdoors*. Footballers play football in a field, swimmers in a pool, basketball players in a court etc.

Mainly sports are divided into:



1.2 Key Words							
Sports	الرياضة	Outdoors	ساحات خارجية				
Recreational	ترويحية	Footballers	لاعبي كرة القدم كرة القدم الساحة/ الملعب				
Competitive	تنافسية	Football	كرة القدم				
Activities	فعاليات	Field	الساحة/ الملعب				
Physical strength	القوة البدنية	Swimmers	السباحيين				
Skill	المهارة	Pool	مسبح				
Practice	يمارس	Basketball	مسبح كرة السلة				
Athlete	رياضي محترف	Players	لاعبين				
Profession	مهنة	Court	ملعب				
Sportsman	رياضي غير محترف	Swimming	السباحة				
Hobby	هواية ً	Boxing	الملاكمة				
Level	مستوى	Wrestling	المصارعة				
Novice	المبتدئين	Fencing	المبارزة				
Amateur	الهواة	Athletics	العاب القوى				
Professional	المحترفين	Weightlifting	رفع الاثقال				
Elite	النخبة	Tennis	لعبة التنس				
Wear	يرتدون	Soccer	كرة القدم				
Sportswear	ملابس رياضية	Handball	كرة اليد				
Indoors	ساحات داخلية	Volleyball	كرة الطائرة				

Spotli ants

#### **Antonyms:**

• An antonym is a word that means the opposite of another word. For e.g., old : new, tall: short, interesting: boring, etc.

• Have you read the text of Sports?

• Read it again and try to focus on the following antonyms:

Novice : Elite,

Professional: Amateur, Indoors : Outdoors,

Individual Sports: Team Sports,

Hobby: Profession, Athlete: Sportsman.

• Focus on these two words. What do you think? Are they antonyms?

Amateur: sportsman

#### **Derivational Suffixes:**

**X.** Adjectives with *-ive* (-ive adj.)

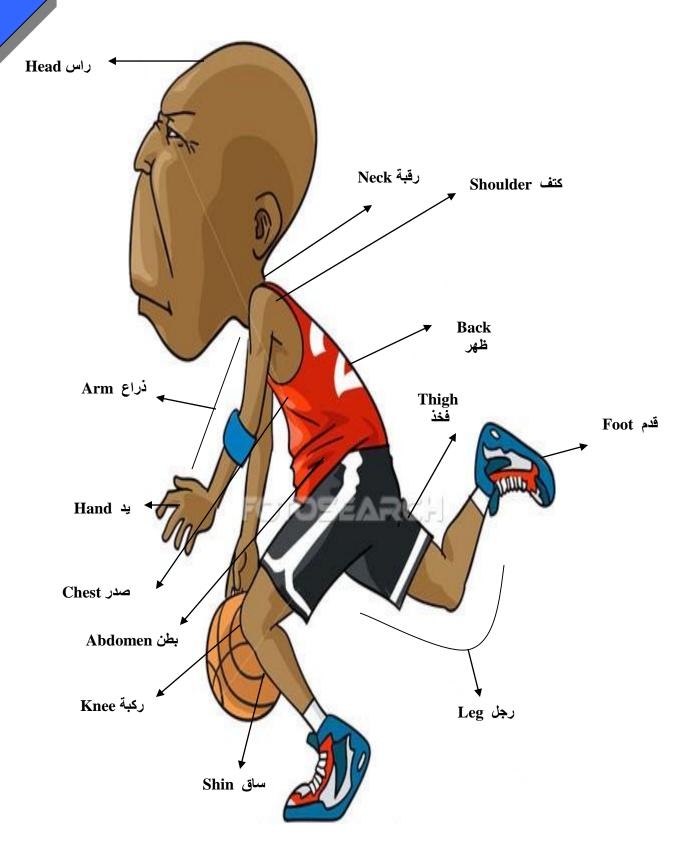
In many cases, but not all, a derivational suffix changes the part of speech of the word to which it is added. The noun *act* becomes an adjective by the addition of the suffix -ive, act: active. More examples like creation: creative, explosion: explosive, description: descriptive...etc.

B. Adjectives with -al (-al adj.)

Nouns like *nation*, *situation*, *magic* and *logic* become adjectival when adding the suffix -al at the end, nation: national, situation: situational, magic: magical and logic: logical.

Now read the text again. Can you identify any -al or -ive adjectives?

# 1.3. Vocabulary: The Human Body



**32** of **10**Page

# 1.4. Homework

# **1.4.1 Sports**

• Complete the following defit:  1. Sports are recreational or								•••		. •				
			•••••	••••	• • • • • •					••••				
2. An Athlete is the person who	1				••••									
	••••				••••					••				
3. Amateur is the person who					••••				••••					
	••••			• • • • • •	• • • • • •	•••••	•••••	•••••	•••••	••••				
• Match each word with its o	ppo	site	in tl	ie b	oxes	S <b>.</b>						_		
1. Novice													Οι	ıtdoors
2. Amateur	•••												H	lobby
3. Profession													7	Геат
4. Indoors													,	Elite
5. Individual													Prof	essional
• Word Square Find the individual and Team sports.	S R F Y	W T E		I N C	N	H I N	S G	B Y	O M	X N	I A	N W	G	G R S
	1 A	T	ш	T	IV.1		T						ט פ	_

L

 $\mathbf{C}$ 

 $\mathbf{Y}$ 

 $\mathbf{W} \quad \mathbf{W} \quad \mathbf{R} \quad \mathbf{E}$ 

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 $\mathbf{G} \quad \mathbf{A}$ 

 $\mathbf{C}$ 

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 $\mathbf{E}$ 

R

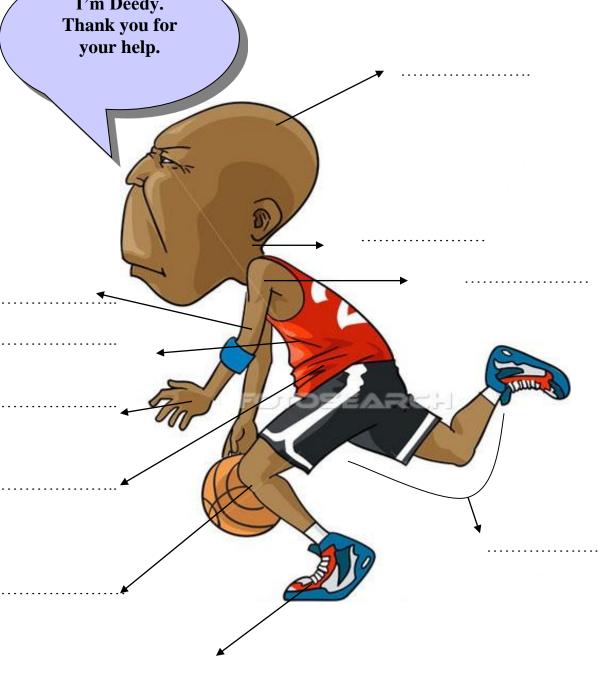
 $\mathbf{C}$ 

# 1.4.2. The Human Body

Can you help Deedy, Please? Use each of these words to label the parts of his body:

Head Arm Chest/ Breast Leg
Neck Hand Abdomen Knee
Shoulder Back Thigh Foot

I'm Deedy.
Thank you for
your help.

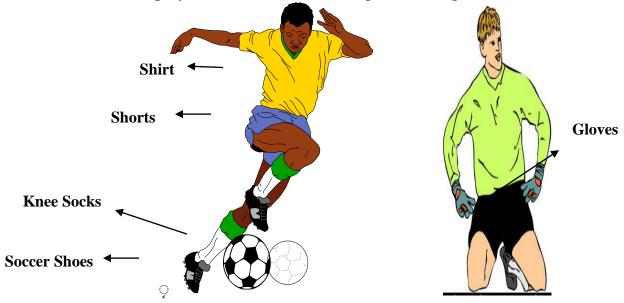


## **Unit Two**

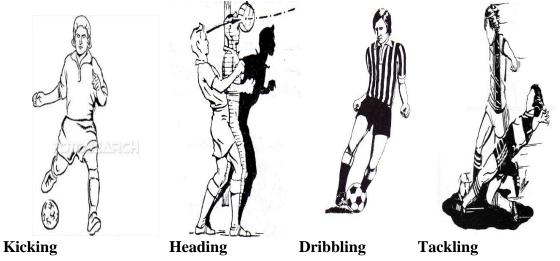
#### 2.1. Soccer

Soccer is a team sport each team consists of eleven players one of them is the goalkeeper (goalie). If one player is hurt a substitute takes his place. Every game (match) has two halves of forty – five minutes each. Between the two halves, players take a half time to rest. After rest, the teams change ends. Each team tries to score goals. The team with the most goals is the winner. If the result is a tie (draw) an extra period is given to break the tie. Players are usually given certain positions; defense, midfield and attack. Soccer is played in a field (or a pitch) with a soccer ball.

Soccer player wears a uniform that consists of shirt (jersey), shorts, knee socks (worn over shin guards) and soccer shoes or sneakers. The goalkeeper usually wears a uniform of different color than the rest of players. He also wears shin guards and gloves.



There are many skills in soccer



2.2. Key Words			
Soccer	كرة القدم	break the tie	كسر التعادل
team sport	العاب فرفية	positions	مواقع
players	لاعبين	defense	دفاع وسط
goalkeeper(goalie)	حارس المرمى	midfield	وسط
substitute	الاحتياط	attack	هجوم ملعب او ساحة
game	المباراة	a field (or pitch)	ملعب او ساحة
halves	اشواط	uniform	رداء او زي اللعب
half time	الاستراحة بين الشوطين	shirt (jersey)	قميص
rest	راحة	shorts	سروال قصير
change ends	تبديل ملاعب	knee socks	جوارب طويلة
score goals	تسجيل الاهداف	shin guards	واقيات الساق
winner	الفائز	Sneakers	حذاء كرة القدم
tie (draw)	التعادل	gloves	قفازات
extra period	الوقت الاظافي		A

# Synonyms

• A synonym is a word that means something similar to another word. For e.g., : ancient, new: modern, etc.

• Have you read the text of Soccer?

• Read it, please! Now, try to focus on the following Synonyms:

goalkeeper: goalie, game: match tie: draw, pitch: field, shirt: jersey,

soccer shoes: sneakers, football: Soccer.



Spotl ght

old

Derivational Suffixes:						
A. Nouns wi	th -er, -ie , -ee , (Persons who	B. Nouns with -ing (Skills):				
take parts):						
play	player (-er)	kick	kicking (-ing)			
goal	goalkeeper, goalie	dribble	dribbling (-ing)			
	(-er, -ie)					
football	footballer (-er)	tackle	tackling (-ing)			
refereeing	referee (-ee)	control	controlling (-ing)			
score	scorekeeper (-er)	trap	trapping (-ing)			
win	winner (-er)	head	heading (-ing)			



قمیص Shirt



T - Shirt فانيلة



بلوز Blouse



جاکیت Jacket



سروال قصير Short





تنورة Skirt



Trousers بنطال



بدلة Suit



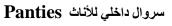
سروال داخلي Briefs للذكور



فستان Dress



حمالة Bra





حذاء Shoes



نظارات شمسية Sunglasses



خاتم Ring



melc اسوار 32 01 131 agc





قلادة Necklace

# 2.4. Home Work

# **2.4.1 Soccer**

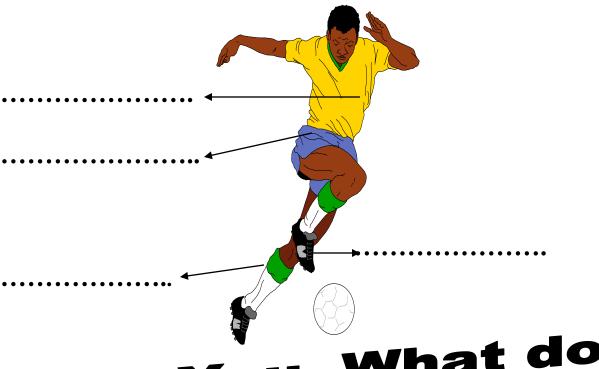
# • Chose the right answer:

<ul><li>a. Handball b. Volleyball c. Football d. Basketball</li></ul>
2. How many players are there in each team? a.11 b. 12 c. 13 d. 14
<ul><li>3. Who is the goalie?</li><li>a. An attacker b. A defender c. A Midfield player d. A goalkeeper</li></ul>
4. If one player is hurt another one takes his place, what do we call him? a. Subzero b. Submarine c. Substitute d. Subtitle
<ul><li>5. How many halves are there in a soccer game?</li><li>a. One</li><li>b. Two</li><li>c. Three</li><li>d. Four</li></ul>
6. How many minutes do each half take? a. 65 b. 55 c. 45 d. 35
7. Players take a half time to: a. Dance b. Sleep c. Play d. Rest
8. The team with the most goals is the: a. Winner b. Looser c. Happier d. Faster
9. What is a tie? a. Oxford shoes b. A draw c. Handcuffs d. A Cravat
<ul><li>10. At professional levels, an extra period is given to break the:</li><li>a. Cup</li><li>b. Time</li><li>c. Luck</li><li>d. Tie</li></ul>

#### • Fill in the blanks:

Football Players' positions inside the field are
The goalkeeper wears a uniform of different color than the rest of players. He also earsand
There are many skills in soccer like: kicking,, and

## • What does he wear?



# And You, What do You wear?

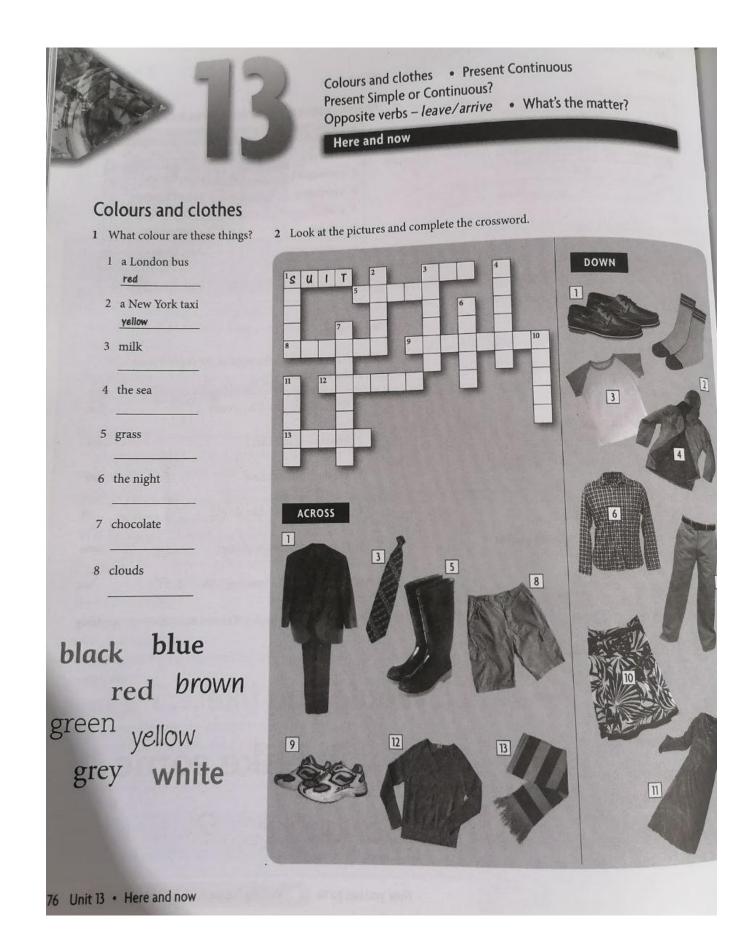
## **2.4.2** .Clothes

- Look at the clothes you're wearing.
- Can you identify them?
- Put M for male clothes and F for female clothes?



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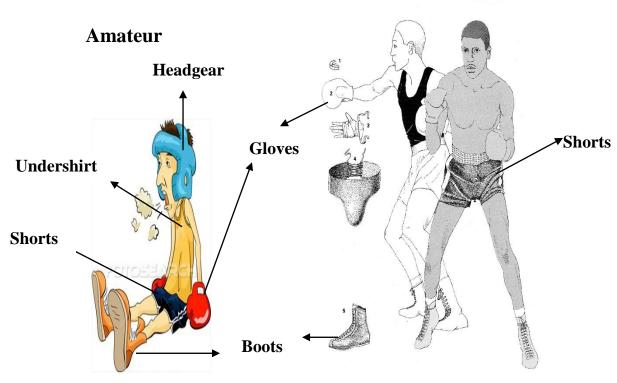


#### **Unit Three**

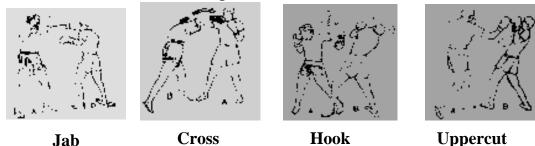
#### 3.1.Boxing

Boxing is an individual sport. Two boxers try to hit each other in certain areas of the upper body. Bouts are won by a count – out, by forcing an opponent to retire or on points. Most bouts are held in a ring. Amateurs wear shorts, undershirts and headgear; professionals wear only shorts. They both wear gloves, gum shield and boots.

#### **Professional**



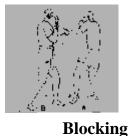
Attack: there are four basic punches

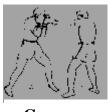


**Defense:** there are several basic movements a boxer can use in order to evade or block the punches of his opponent,









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Cover-up

3.2 Key Words:							
boxing	الملاكمة	professionals	محترفين				
boxer	ملاكم	gloves	قفازات				
hit	ضرب	boots	أحذية				
upper body	اعلى الجسم	attack	هجوم لكمة				
Bout	نزال	punch	لكمة				
Count out	العد	jab	يسرة مستقيمة/ وكز يمنة مستقيمة/ قطع				
Forcing an	اجبار الخصم على	cross	يمنة مستقيمة/ قطع				
opponent to retire	انسحاب						
Points	نقاط	hook	خطف				
Ring	حلبة	uppercut	قلع دفاع				
amateur	هاوي	defense					
shorts	سروال قصير	slipping	انزلاق,الزوغان حجز				
undershirts	تي شيرت	blocking	حجز				
headgear	خُوذة,واقية رأس	clinching	التحام				

\*In good times you raise your thumb up to say OK! It means that everything is all right.

\*In bad times you say KO! And turn your thumb down.

# MORE About Acronyms & Initialisms KO /TKO

Why? What does KO mean?

- An acronym is a word formed from the first letters of a compound or phrase. The resulting string of letters is pronounced as a word. For example, **scuba** is from 'self-contained underwater breathing apparatus.'
- An initialism is made up of the first letter or letters of one or more words. The resulting letters are not pronounced as a word, but are sounded out one by one as in **CIA** 'central intelligence agency' or as in **FBI** or **VIP**.

#### In boxing,

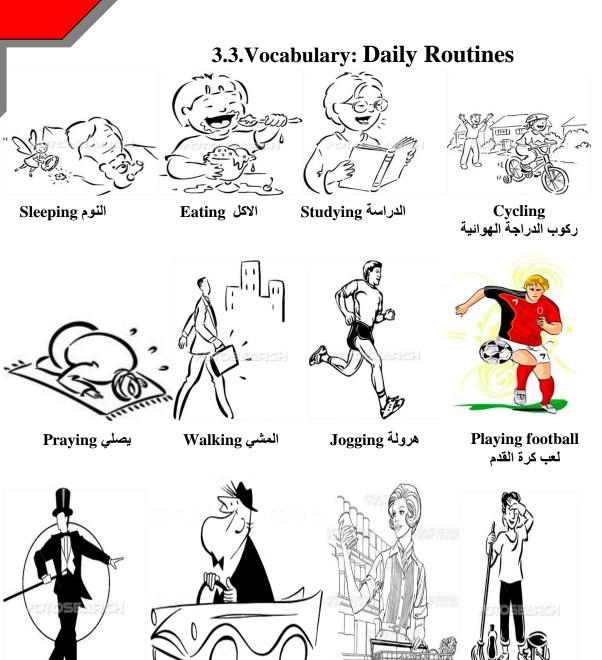
- **KO** are the first/initial letters of 'knocked out/ Count out.' If the knocked down boxer does not response to the referee's counting then he is ruled "knocked out" (whether he /she is conscious or not) and the other boxer is ruled the winner by knockout (KO).
- **TKO** refers to a 'technical knock out.' A (TKO) is ruled by the referee, fight doctor, or a fighter's coach if a fighter is unable to safely continue to fight, based upon injuries or being judged unable to effectively defend himself. Three knock downs also result in a TKO.

# Which Word? bout / round

**bout :** is the whole boxing match from the beginning to the end in which a predetermined number of rounds passes.

round: is a fighting unit of the bout. A boxing match typically consists of a predetermined number of three-minute rounds, anywhere from three for an Olympic bout to up to fifteen for a professional fight. A minute is typically spent between each round.







الرقص Dancing



سياقة السيارة Driving



يتسوق Shopping



التنظيف Cleaning



**Washing Clothes** غسل الملابس



Watching T.V مشاهدة التلفاز



**Calling** الاتصال بالهاتف



Chatting الدردشة

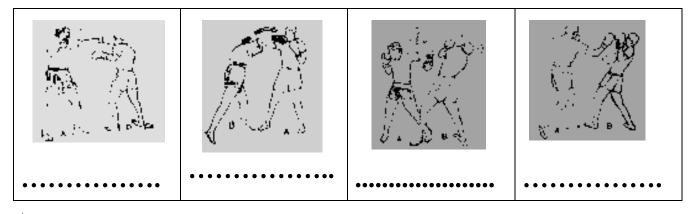
# 3.4. Home Work

# **3.4.1 Boxing**

• correct the <i>italic</i> words:	
1. Boxing is <b>a team sport</b> .	
<mark>anindividualsport</mark>	
2. In boxing <i>three fighters</i> hit each other in c	ertain areas of the upper part of the body
•••••	
3.Slipping, blocking and clinging are some ba	asic movements used in attack.
······································	
4. Bouts are won by a count – out <i>alone</i> .	
••••••	
5. Most bouts are held in <i>a field</i> .	
•••••	MARA
****	
• Who is he?	
He wears only shorts,	
and	
He is a	



• Could you teach this boxer the 4 basic punches of attack in boxing:



# What other movements do you Know?

The t	ime • Preso	ent Simple – he/she ether • Days of th	Prepositions     week	in/at/on
Eve	ry day	I Berry		
The time	4			
1 T6.1 Underline the correct time.		11 12 1	10 11	12 1
10 2 2	9	0 2 3 8 7 6 5	9	2 3 7 5 4
1 ten thirty / ten fifteen	2 three o'c	lock / five o' clock	3 eight thin	rty / nine thirty
11 12 1		11 12 1	(10	11 12 1
10 2 3	(	10 2 3 3 4	8	7 = 5
8 7 6 5	5 tour fort	y-five / ten forty-five	6 eleven o	o' clock / twelve o' clock
4 six twenty-five / six forty-five	5 (WO 1011	y-nvc / ten 2024/		
Tablita the times you h	ear.			
2 T6.2 Listen. Write the times you h	4	5		
3 T 6.3 Listen and complete the conv	versations.			FR 1
1 A Excuse me_! What	is it?	A COMPANY	1/1/	XX
B It's		TOWER TO	101	
A Thank	_ much.	THE STATE OF THE S	34	KITK
B That's OK.			11	
2 C me! Do?				
D Sure. It's exactly		V		
Ca lot.				M
D all right.	05.7			15
34 Unit 6 • Every day				

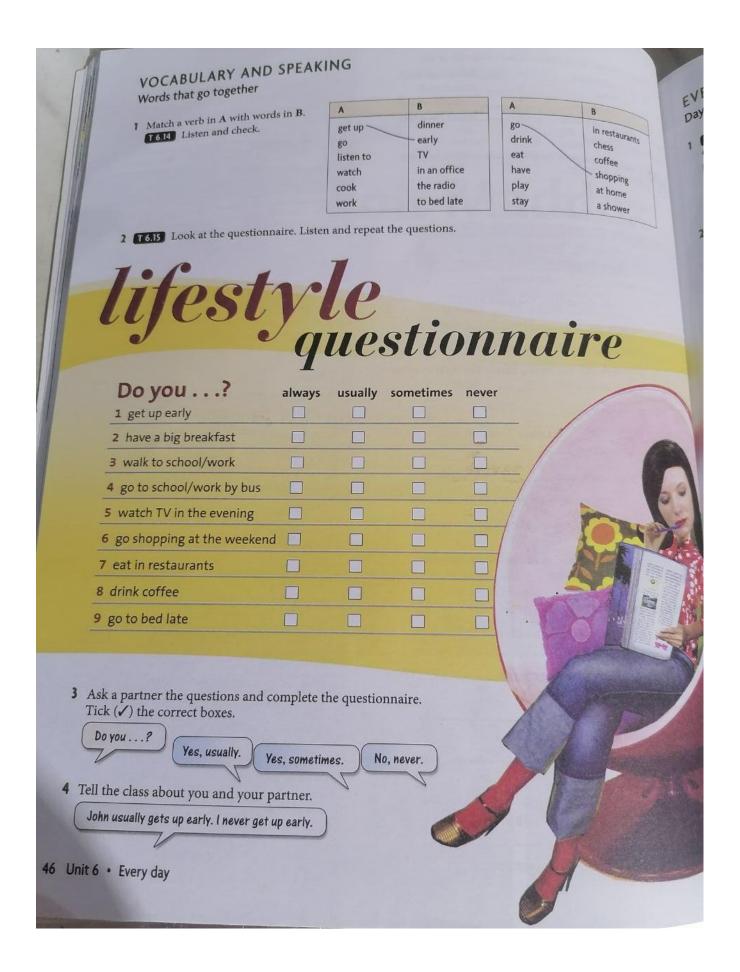
# **3.4.2. Daily**

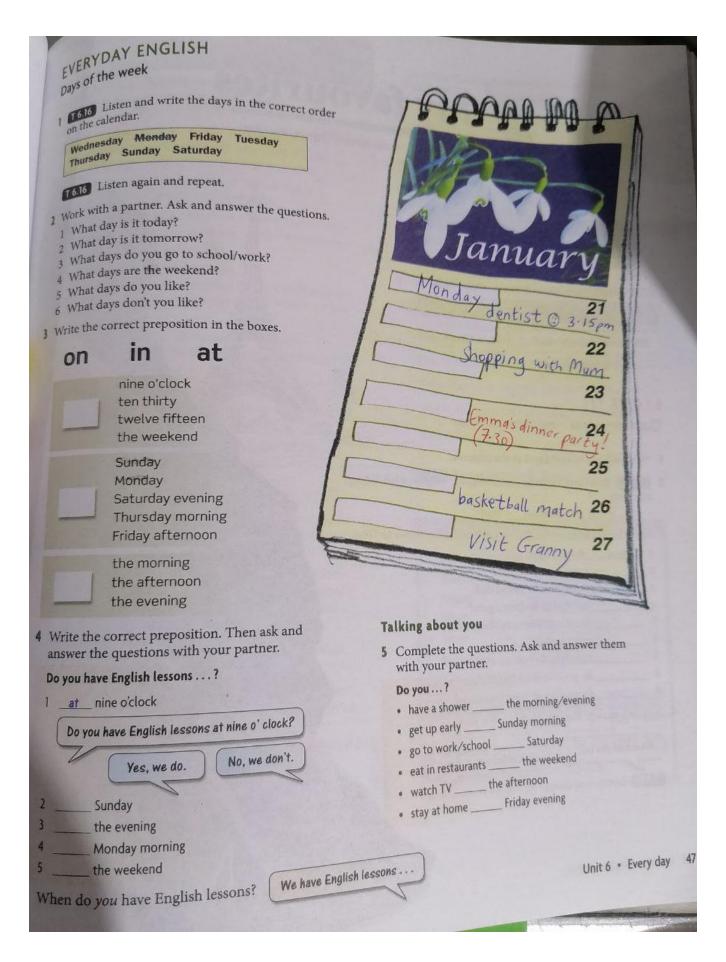
# **Routines**

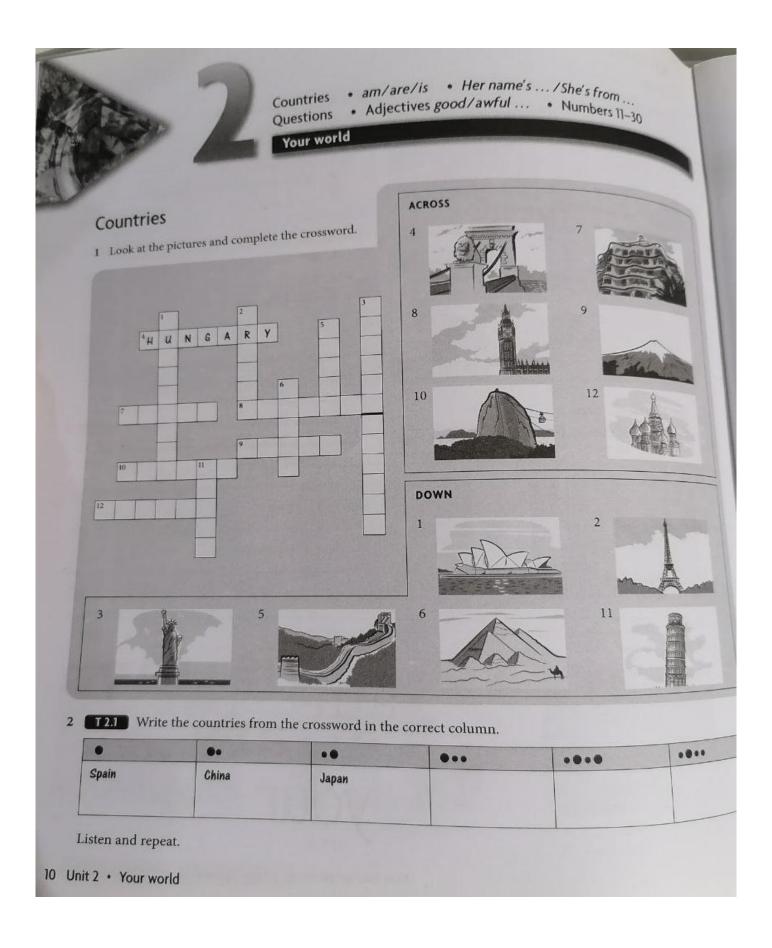
# • Write the correct word under each picture:

Studying	Playing football	Praying	Jogging
Driving	Cycling	Cleaning	Watching TV
Chatting	Dancing	Sleeping	Walking
Shopping	Calling	Washing Clothes	Eating





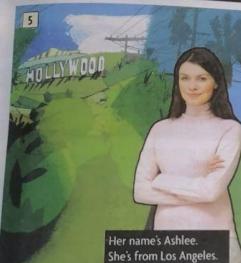


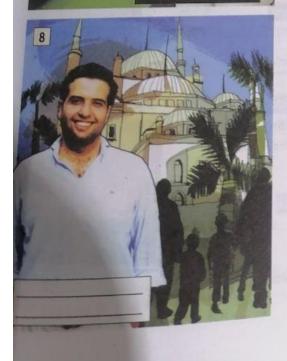




#### vorkoook with key







Qu	esti	ons	and	answare

4 12.7 Listen and complete the conversation. Practise it.





	D		METER AND AND
	R	osely Hello, I'm Rosely. What's your	name?
	Bı	runo name's Bruno.	
	R	Hello, Bruno. Where are you	?
	В	from Brazil. Where are yo	ou from?
	R	Oh, I'm from Brazil, too.	from São Paulo.
	В	Really? I'm from São Paulo, too!	
	R	Oh, nice to meet you, Bruno.	
5	•	2.8 Listen and write the countries.	
		Claudia:ttaly Akemi:	

- 2 Charles: \_\_\_\_\_ Bud: \_\_\_\_ 3 Loretta and Jane: \_\_\_\_
- 6 Match the questions and answers.
  - 1 d Where are you from?
  - 2 What's her name?
  - 3 What's his name?
  - 4 Where's he from?
  - 5 What's this in English?
  - 6 How are you?
  - 7 Where's Montreal?

- a His name's Fadi.
- b He's from Amman.
- c It's in Canada.
- d I'm from Japan.
- e Fine, thanks.
- f Her name's Tatiana.
- g It's a computer.

#### T2.9 Listen and check.

Work with a partner. Take turns to cover the questions or the answers. Practise them.

#### Check it

7 Tick (✓) the correct sentence.

- 1 My name Ahmed.
- My name's Ahmed.
- What's he's name? What's his name?
- 3 \(\text{\text{What's his name?' 'Kevin.'}}\)
- What's her name?' 'Kevin.'
- 4 He's from Libya.
  - His from Libya.
- 5 Where she from?
- Where's she from?
- 6 What's her name?
  What's she name?

Unit 2 · Your world