**Rules for Forming Plurals**

1. **Add -s to most nouns.**
   * **English**: To form the plural of most nouns, add -s to the end of the word.
   * **Example**:
     + Cat → Cats
     + Car → Cars
2. **Add -es to nouns ending in -s, -x, -sh, -ch, or -z.**
   * **English**: If the noun ends in -s, -x, -sh, -ch, or -z, add -es to form the plural.
   * **Example**:
     + Bus → Buses
     + Box → Boxes
3. **Irregular plurals**
   * **English**: Some nouns are irregular and do not follow the rules of adding -s or -es.
   * **Examples**:
     + Man → Men
     + Woman → Women
     + Child → Children
     + Foot → Feet
     + Tooth → Teeth
     + Mouse → Mice
4. **No change**: Some nouns stay the same in plural.
   * **English**: Some nouns have the same form in both singular and plural.
   * **Examples**:
     + Sheep → Sheep
     + Deer → Deer
     + Fish → Fish

**Plural Nouns Quiz (Sentences)**

1. I bought two \_\_\_\_\_ from the bakery.  
   A) loafs  
   B) loaves  
   C) loafes  
   D) loaf  
   **Answer**: B) loaves
2. The farmer keeps many \_\_\_\_\_ on his farm.  
   A) sheeps  
   B) sheep  
   C) sheeves  
   D) sheepes  
   **Answer**: B) sheep
3. The \_\_\_\_\_ are flying south for the winter.  
   A) gooses  
   B) geese  
   C) goose  
   D) geeses  
   **Answer**: B) geese
4. I packed all the \_\_\_\_\_ into a box.  
   A) books  
   B) bookes  
   C) bookies  
   D) book  
   **Answer**: A) books
5. The three \_\_\_\_\_ found a new shelter.  
   A) mouses  
   B) mouse  
   C) mice  
   D) micen  
   **Answer**: C) mice
6. We could hear the sound of the \_\_\_\_\_ howling at night.  
   A) wolfs  
   B) wolves  
   C) wolf  
   D) wolfes  
   **Answer**: B) wolves
7. The \_\_\_\_\_ are reading their books in the library.  
   A) childs  
   B) children  
   C) childrens  
   D) childes  
   **Answer**: B) children