

## **Psychiatric Mental Health Nursing Syllabus/ Dr. Qahtan Qasim Mohammed**

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### **Theoretical Content**

#### Foundations of Psychiatric–Mental Health Nursing

- History of mental illness and treatment
- Introduction to psychiatric nursing
- Concept of mental health and illness
- Diagnosis of mental illness
- Legal and ethical issues

#### Neurobiological and Psychosocial theories

- Neurobiological theories
- Psychosocial theories

#### Building the Nurse–Client Relationship

- Therapeutic relationship

#### Trauma and Stressor-Related Disorders

- Introduction
- Post-traumatic Stress Disorder
- Related Disorders
- Dissociative Disorders

#### Schizophrenia Spectrum and related Disorders

- Introduction
- Clinical course
- Related Disorders
- Etiology
- Treatment and Nursing Intervention

#### Cognitive Disorders

- Introduction
- Delirium
- Dementia