

Prepositions of Time

FOR

For is used in time expressions to talk about **the duration of an action**.

I have worked in this company for 11 years.

It doesn't matter if you don't have information on the exact amount of time that an action has taken.

SINCE

Since tells us **when the action began**. It can be used with a time expression:

It has been raining since 11:00 am.

UNTIL

Until is quite opposite to "Since", until mentions **when an action ends**.

I will work until 5 pm today.

From & To

From and To work together to indicate **when the action begins and when it ends**.

The lecture is from 9:00 am to 10:00 am.

Notes:

- If you use "Since", don't use "Until".
- If you use "Since" or "Until", don't use "For".
- If you use "From" and "To", don't use any of the others.

We may conclude:

- ❖ John has been waiting for the bus since 9:00 am.
- ❖ John waited for the bus until 9:30 am.
- ❖ John waited for 30 minutes.
- ❖ John waited for the bus from 9:00 am to 9:30 am.