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PHYSICAL AND FUNCTIONAL CONSTRUCTION INDICATORS AND THEIR RELATIONSHIP TO SOME ELEMENTS OF FITNESS FOR BUDDING BASKETBALL PLAYERS

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Abstract

Basketball is a popular game in many parts of the world and many developed countries are making continuous efforts to prepare and develop their emerging players on scientific and clear bases as the basis for reaching high levels. The researchers used the descriptive approach in the method of correlative studies to suit the nature of the study. The readymade software (IBM SPSS Statistics Version24) was used to perform statistical treatments. The researchers concluded that there was a significant relationship between body size indicators (height and weight) with the fitness elements of the emerging basketball players. The researchers recommended conducting a similar study to determine the type of relationship to the indicators of the physical structure and functional variables with other mathematical effectiveness not addressed in the current study.

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